

Lundi , 26.08

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Jordane

18:15 - 19:00

Core Training
Carlos

Mardi , 27.08

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

19:15 - 20:10

Zumba
Jeanne-Fleur

Mercredi , 28.08

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Jeudi , 29.08

Vendredi , 30.08

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samedi , 31.08

Dimanche , 01.09

09:30 - 10:30

Pump
Carlos