

Lundi , 06.05

09:00 - 09:45

BBP (Bauch, Beine, Po) / Bodytone
Carlos

12:00 - 12:45

Pump
Marianne

18:15 - 19:10

Cycling
Martina

19:15 - 20:00

Core Training
Carlos

Mardi , 07.05

09:00 - 09:55

Yoga
Natalia

12:00 - 12:50

Cycling
Carlos

18:15 - 19:10

Pump
Coralie

19:15 - 20:10

Zumba
Jeanne-Fleur

Mercredi , 08.05

09:00 - 09:55

Pilates
Natalia

12:00 - 12:45

BBP (Bauch, Beine, Po) / Bodytone
Jordane

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Jeudi , 09.05

Vendredi , 10.05

09:00 - 09:55

Yoga
Natalia

12:00 - 12:55

TRX
Carlos

18:00 - 18:45

Pump
Carlos

Samedi , 11.05

Dimanche , 12.05

09:30 - 10:15

Pump
Marianne