



Lundi , 17.02

18:30 - 19:00
<i>Total Body</i>
Team

Mardi , 18.02

09:00 - 09:30
<i>Abdos</i>
Team

Mercredi , 19.02

18:30 - 19:00
<i>Cardio</i>
Team

Jeudi , 20.02

18:30 - 19:00
<i>Total Body</i>
Team

Vendredi , 21.02

09:00 - 09:30	12:15 - 12:45	18:30 - 19:00
<i>Abdos</i>	<i>Cardio</i>	<i>Abdos</i>
Team	Team	Team

Samedi , 22.02

Dimanche , 23.02