



Lundi , 17.04

18:30 - 19:00
<i>Total Body</i>
Team

Mardi , 18.04

09:00 - 09:30	18:30 - 19:00
<i>Abdos</i>	<i>Abdos</i>
Team	Team

Mercredi , 19.04

18:30 - 19:00
<i>Cardio</i>
Team

Jeudi , 20.04

18:30 - 19:00
<i>Total Body</i>
Team

Vendredi , 21.04

09:00 - 09:30	12:15 - 12:45	18:30 - 19:00
<i>Abdos</i>	<i>Cardio</i>	<i>Abdos</i>
Team	Team	Team

Samedi , 22.04

Dimanche , 23.04