



Lundi , 27.02

18:30 - 19:00

Total Body
Team

Mardi , 28.02

09:00 - 09:30

Abdos
Team

Mercredi , 01.03

18:30 - 19:00

Cardio
Team

Jeudi , 02.03

18:30 - 19:00

Total Body
Team

Vendredi , 03.03

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Abdos
Team

Samedi , 04.03

Dimanche , 05.03