

Lundi , 30.01

12:15 - 12:45

Cardio Flash
Team

18:30 - 19:00

Toning Flash
Team

Mardi , 31.01

09:00 - 09:30

Abdos
Team

Mercredi , 01.02

12:15 - 12:45

Toning Flash
Team

18:30 - 19:00

Cardio Flash
Team

Jeudi , 02.02

Vendredi , 03.02

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio Flash
Team

Samedi , 04.02

Dimanche , 05.02