

Lundi , 21.11

12:15 - 12:45

Cardio Flash
Team

18:30 - 19:00

Toning Flash
Team

Mardi , 22.11

09:00 - 09:30

Abdos
Team

Mercredi , 23.11

12:15 - 12:45

Toning Flash
Team

18:30 - 19:00

Cardio Flash
Team

Jeudi , 24.11

Vendredi , 25.11

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio Flash
Team

Samedi , 26.11

Dimanche , 27.11