

Lundi , 24.10

12:15 - 12:45

Cardio Flash
Team

18:30 - 19:00

Toning Flash
Team

Mardi , 25.10

09:00 - 09:30

Abdos
Team

Mercredi , 26.10

12:15 - 12:45

Toning Flash
Team

18:30 - 19:00

Cardio Flash
Team

Jeudi , 27.10

Vendredi , 28.10

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio Flash
Team

Samedi , 29.10

Dimanche , 30.10