

Lundi , 30.12

08:30 - 09:25

Yoga
Lisa

09:45 - 10:40

Pilates
Cordelia

18:20 - 19:15

Pump
Marlis

19:30 - 20:25

Pilates
Ajla

Mardi , 31.12

Mercredi , 01.01

Jeudi , 02.01

08:30 - 09:25

Rückengymnastik
Liz

09:35 - 10:30

Pump
Sandy

19:00 - 19:55

Bodybalance
Daniela

Vendredi , 03.01

09:00 - 09:55

Pump
Ajla

10:05 - 11:00

Yoga
Nadine

Samedi , 04.01

Dimanche , 05.01