

Lundi , 13.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

19:10 - 20:05

Zumba
Karin

Mardi , 14.01

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 15.01

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Pilates
Karin

Jeudi , 16.01

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 17.01

09:00 - 09:55

Pilates
Karin

10:00 - 10:25

Simply Core
Yinny

17:45 - 18:40

Pump
Renate

Samedi , 18.01

Dimanche , 19.01

10:00 - 10:55

Fighttime 55'
Jeniffer