

Lundi , 06.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

19:10 - 20:05

Zumba
Karin

Mardi , 07.01

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 08.01

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Pilates
Cynthia

Jeudi , 09.01

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 10.01

09:00 - 09:55

Pilates
Karin

10:00 - 10:25

Simply Core
Yinny

Samedi , 11.01

Dimanche , 12.01

10:00 - 10:55

Zumba
Karin