

Lundi , 16.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 17.01

18:15 - 18:45

Upcon
Marina

19:00 - 19:55

TRX
Marina

Mercredi , 18.01

17:50 - 18:45

Pilates
Cynthia

19:00 - 19:55

Pump
Marina

Jeudi , 19.01

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 20.01

09:10 - 10:05

Power Yoga
Yinny

Samedi , 21.01

Dimanche , 22.01