

Lundi , 24.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 25.10

18:15 - 18:45

Upcon
Marina

19:00 - 19:55

TRX
Marina

Mercredi , 26.10

17:50 - 18:45

Pilates
Cynthia

19:00 - 19:55

Pump
Yinny

Jeudi , 27.10

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 28.10

09:10 - 10:05

Power Yoga
Yinny

Samedi , 29.10

Dimanche , 30.10