

Lundi , 09.12

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Mardi , 10.12

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Melanie

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 11.12

18:00 - 18:55

Power Yoga
Ines

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atilla

Jeudi , 12.12

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Vendredi , 13.12

08:15 - 09:10

Power Yoga
Agnes

18:30 - 19:25

Zumba
Padhy

Samedi , 14.12

10:00 - 10:30

Simply Core
Dario

10:45 - 11:40

Pump
Dario

Dimanche , 15.12

09:30 - 10:25

Aerobic
Dario

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario