

Lundi , 04.11

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Mardi , 05.11

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Team

19:45 - 20:15

P.I.I.T
Debi

Mercredi , 06.11

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Angela

Jeudi , 07.11

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

BBP (Bauch, Beine, Po) /
Bodytone
Sabine

Vendredi , 08.11

08:15 - 09:10

Power Yoga
Agnes

18:30 - 19:25

Zumba
Padhy

Samedi , 09.11

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Dimanche , 10.11

10:30 - 11:25

BBP (Bauch, Beine, Po) /
Bodytone
Dario