

Lundi , 19.12

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Mardi , 20.12

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Marion

Mercredi , 21.12

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Jeudi , 22.12

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

19:30 - 20:25

Functional Workout
Sabine

Vendredi , 23.12

18:30 - 19:25

Step Aerobic
Padhy

Samedi , 24.12

Dimanche , 25.12