

Lundi , 07.11

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Mardi , 08.11

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Dario

Mercredi , 09.11

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Jeudi , 10.11

09:15 - 10:10

Zumba
Supriyadi

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

19:30 - 20:25

Deep Work
Noy

Vendredi , 11.11

19:00 - 19:55

Step Aerobic
Supriyadi

Samedi , 12.11

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Dimanche , 13.11

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion