

Lundi , 01.01

Mardi , 02.01

09:15 - 10:10

Pilates
Dominique

19:00 - 19:55

Cycling
Patrik

19:00 - 19:55

Pilates Special
Dominique

Mercredi , 03.01

09:15 - 09:45

P.I.I.T
Myrta

09:45 - 10:15

Simply Core
Myrta

12:15 - 13:10

Pump
Darina

19:00 - 19:55

Pump
Alexandra

Jeudi , 04.01

09:15 - 10:10

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

18:30 - 19:25

Cycling
Patrik

19:30 - 20:25

Pilates
Dominique

Vendredi , 05.01

08:15 - 09:10

Pump
Corina

Samedi , 06.01

Dimanche , 07.01