

**Lundi , 25.09**

**09:15 - 10:10**

*Full Body Workout*  
Nicole

**18:00 - 18:30**

*P.I.I.T*  
Myrta

**18:40 - 19:10**

*Simply Core*  
Myrta

**20:00 - 20:55**

*Pump*  
Alexandra

**Mardi , 26.09**

**12:00 - 12:55**

*Yoga*  
Syrille

**19:00 - 19:55**

*Full Body Workout*  
Nicole

**Mercredi , 27.09**

**09:15 - 09:45**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nicole

**09:50 - 10:20**

*P.I.I.T*  
Nicole

**19:00 - 19:55**

*Pump*  
Alexandra

**Jeudi , 28.09**

**09:15 - 10:10**

*Mobility*  
Marion

**12:15 - 13:10**

*Pump*  
Darina

**18:00 - 18:55**

*Zumba*  
Andrea

**Vendredi , 29.09**

**08:15 - 09:10**

*Pump*  
Jacqueline

**Samedi , 30.09**

**Dimanche , 01.10**