

Lundi , 17.07

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

Mardi , 18.07

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mercredi , 19.07

09:15 - 10:10

Full Body Workout
Nicole

19:35 - 20:30

Functional Workout
Nicole

Jeudi , 20.07

18:00 - 18:55

Zumba
Andrea

Vendredi , 21.07

Samedi , 22.07

Dimanche , 23.07