

Lundi , 15.05

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Mardi , 16.05

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mercredi , 17.05

09:15 - 09:45

Pump i.t.
Corina

09:50 - 10:20

P.I.I.T
Corina

18:30 - 19:25

Pump
Darina

19:35 - 20:30

Functional Workout
Nicole

Jeudi , 18.05

Vendredi , 19.05

Samedi , 20.05

Dimanche , 21.05