

Lundi , 20.02

09:15 - 09:45

P.I.I.T
Myrta

09:45 - 10:15

Simply Core
Myrta

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Mardi , 21.02

06:45 - 07:40

Rückenfit
Tina

09:15 - 10:10

Pilates
Tina

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Pump
Darina

Mercredi , 22.02

09:15 - 09:45

Pump i.t.
Corina

09:50 - 10:20

P.I.I.T
Corina

19:00 - 19:55

Pump
Alexandra

Jeudi , 23.02

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

18:00 - 18:55

Zumba
Andrea

19:00 - 19:55

Pilates
Tina

Vendredi , 24.02

09:15 - 10:10

Pump
Corina

Samedi , 25.02

Dimanche , 26.02