

Lundi , 09.01

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Sarah

18:40 - 19:10

Simply Core
Sarah

20:00 - 20:55

Pump
Darina

Mardi , 10.01

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mercredi , 11.01

09:15 - 09:45

Pump i.t.
Corina

09:50 - 10:20

P.I.I.T
Corina

19:00 - 19:55

Pump
Alexandra

Jeudi , 12.01

09:15 - 10:10

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

Vendredi , 13.01

09:15 - 10:10

Pump
Corina

Samedi , 14.01

Dimanche , 15.01