

Lundi , 10.04

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

Mardi , 11.04

17:45 - 18:40

Kick Power
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 12.04

09:00 - 09:55

Functional Workout
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 13.04

18:00 - 18:55

Pump
Ruth

Vendredi , 14.04

09:00 - 09:55

Functional Workout
Nancy

Samedi , 15.04

Dimanche , 16.04