

Lundi , 30.01

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

18:30 - 19:25

Zumba
Daniela

Mardi , 31.01

17:45 - 18:40

Kick Power
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mercredi , 01.02

09:00 - 09:55

Functional Workout
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 02.02

18:00 - 18:55

Pump
Ruth

Vendredi , 03.02

09:00 - 09:55

Functional Workout
Nancy

Samedi , 04.02

Dimanche , 05.02