

Lundi , 02.01

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

Mardi , 03.01

Mercredi , 04.01

09:00 - 09:55

Functional Workout
Nancy

19:00 - 19:55

Functional Workout
Nancy

Jeudi , 05.01

17:30 - 18:25

Pump
Ruth

Vendredi , 06.01

09:00 - 09:55

Functional Workout
Nancy

Samedi , 07.01

Dimanche , 08.01