

Lundi , 26.12

Mardi , 27.12

09:10 - 09:40

P.I.I.T

Irene

09:40 - 10:10

BBP Special

Irene

18:00 - 18:55

Spiralkraft

Monika

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone

Monika

20:00 - 20:55

Zumba

Angela

Mercredi , 28.12

09:10 - 10:05

Zumba

Miriam

10:10 - 11:05

Pilates

Vivienne

17:50 - 18:45

Fitboxe

Vivienne

19:00 - 19:55

Pump

Claudia

20:10 - 21:05

Yoga

Nadine

Jeudi , 29.12

09:10 - 10:05

Pump

Claudia

10:20 - 11:15

Spiralkraft

Monika

19:00 - 19:30

P.I.I.T

Vivienne

19:35 - 20:05

Simply Core

Vivienne

20:10 - 21:05

Pilates

Monika

Vendredi , 30.12

09:10 - 09:40

P.I.I.T

Katja

09:50 - 10:45

Yoga

Katja

19:15 - 20:10

Yoga

Nina

Samedi , 31.12

Dimanche , 01.01