

Lundi , 19.06

08:00 - 08:55

Pump
 Manu

09:05 - 10:00

Functional Workout
 Manu

10:05 - 10:35

Simply Core
 Manu

12:00 - 12:55

Pump
 Manu

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
 Monica

Mardi , 20.06

09:00 - 09:55

Yoga
 Jeannette

19:00 - 19:30

P.I.I.T
 Carmen

Mercredi , 21.06

08:00 - 08:55

Pump
 Manu

09:05 - 10:00

Fitboxe
 Manu

10:05 - 11:00

Pilates
 Manu

19:00 - 19:55

Pump
 Erika

Jeudi , 22.06

18:00 - 18:55

Pilates
 Monica

19:00 - 19:55

Functional Workout
 Monica

Vendredi , 23.06

08:00 - 08:55

Rückengymnastik
 Manu

09:05 - 10:00

Pump
 Manu

17:30 - 18:25

Pump
 Vicky

Samedi , 24.06

09:00 - 09:55

P.I.I.T
 Carmen

Dimanche , 25.06