

Lundi , 10.04

09:00 - 10:30

Pump meets P.i.i.t
Manu

Mardi , 11.04

09:00 - 09:55

Yoga
Jeannette

Mercredi , 12.04

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Fitboxe
Manu

10:05 - 11:00

Pilates
Manu

18:00 - 18:55

Cycling
Ruedi

19:05 - 20:00

Pump
Erika

Jeudi , 13.04

18:00 - 18:55

Pilates
Monica

19:00 - 19:55

Functional Workout
Monica

Vendredi , 14.04

09:00 - 09:55

Rückengymnastik
Manu

10:05 - 11:00

Pump
Manu

17:30 - 18:25

Pump
Erika

Samedi , 15.04

09:00 - 09:55

Pump
Manu

Dimanche , 16.04