

Lundi , 29.08

08:00 - 08:55

Pump
 Manu

09:05 - 09:35

Pump i.t.
 Manu

09:35 - 10:05

P.I.I.T
 Manu

10:05 - 10:35

Fighttime
 Manu

12:00 - 12:55

Pump
 Manu

18:00 - 18:55

Cycling
 Patrick

19:00 - 19:55

*BBP (Bauch,
 Beine, Po) /
 Bodytone*
 Monica

Mardi , 30.08

18:00 - 18:55

Pilates
 Petra

19:05 - 20:00

Fighttime
 Sandra

Mercredi , 31.08

08:00 - 08:55

Pump
 Manu

09:05 - 10:00

Fitboxe
 Manu

19:05 - 20:00

Pump
 Erika

Jeudi , 01.09

18:00 - 18:55

Pilates
 Monica

19:00 - 19:55

Functional Workout
 Monica

Vendredi , 02.09

09:00 - 09:55

Rückengymnastik
 Manu

10:05 - 11:00

Pump
 Manu

17:30 - 18:25

Pump
 Vicky

Samedi , 03.09

09:00 - 09:55

Pump meets P.i.i.t
 Manu

Dimanche , 04.09