

Lundi , 01.12

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Eveline

19:05 - 20:00

Fitboxe
Eveline

Mardi , 02.12

18:30 - 19:25

Pump
Nadine

19:30 - 20:25

Pilates
Jessica

Mercredi , 03.12

18:00 - 18:55

Interval Training
Team

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 04.12

09:30 - 10:25

Pilates
Aiyana

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 05.12

Samedi , 06.12

Dimanche , 07.12