

Lundi , 17.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Eveline

19:05 - 20:00

Fitboxe
Eveline

Mardi , 18.11

18:30 - 19:25

Pump
Nadine

19:30 - 20:25

Pilates
Jessica

Mercredi , 19.11

18:00 - 18:55

Interval Training
Team

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 20.11

09:30 - 10:25

Pilates
Aiyana

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Vendredi , 21.11

Samedi , 22.11

Dimanche , 23.11