

Lundi , 17.04

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana

19:05 - 20:00

Fitboxe
Eveline

Mardi , 18.04

18:00 - 18:55

Pump
Nora

19:00 - 19:30

Core Training
Nora

Mercredi , 19.04

17:50 - 18:20

P.I.I.T
Luana

18:20 - 18:50

Simply Core
Luana

19:00 - 19:55

Fitboxe
Eveline

20:00 - 20:55

Powerstep
Eveline

Jeudi , 20.04

09:30 - 10:25

Pilates
Cordelia

18:00 - 18:55

Pump
Luana

19:00 - 19:55

Pilates
Jeannette

Vendredi , 21.04

Samedi , 22.04

Dimanche , 23.04

10:30 - 11:25

Powerstep
Eveline