

Lundi , 23.12

08:30 - 09:25

Pump
Cecilia

12:10 - 13:05

Pilates
Brigitta

13:30 - 14:25

Rückenfit
Angelina

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Renata

20:00 - 20:55

Yoga
Anya

Mardi , 24.12

10:00 - 10:55

Yoga Special
Anya

Mercredi , 25.12

Jeudi , 26.12

10:00 - 10:55

Yoga Special
Brigitta

Vendredi , 27.12

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Cecilia

Samedi , 28.12

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
Lena

10:15 - 11:45

Yoga
Anya

Dimanche , 29.12

09:15 - 10:10

Yoga
Karin

10:30 - 11:00

P.I.I.T
Michael

11:15 - 12:10

Zumba
Sabrina