

Lundi , 05.08

08:30 - 09:25

Pump
 Cecilia

12:10 - 13:05

Pilates
 Brigitta

13:30 - 14:25

Rückenfit
 Angelina

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Diana Patricia

20:00 - 20:55

Yoga
 Anya

Mardi , 06.08

09:00 - 09:55

Pilates
 Brigitta

17:50 - 18:45

Rückenfit
 Angelina

19:00 - 19:55

Zumba
 Sabrina

20:10 - 21:05

Pump
 Michael

Mercredi , 07.08

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
 Brigitta

09:30 - 10:25

Pilates
 Angelina

18:00 - 18:55

Pilates
 Francesca Serena

Jeudi , 08.08

09:00 - 09:55

Pump
 Cecilia

10:00 - 10:55

Pilates
 Angelina

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
 Sandra

18:45 - 19:15

P.I.I.T
 Sandra

Vendredi , 09.08

10:00 - 10:55

Rückenfit
 Marlene

17:30 - 18:25

Pump
 Karin

Samedi , 10.08

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
 Mariella

10:15 - 11:45

Yoga
 Dana

Dimanche , 11.08

09:15 - 10:10

Yoga
 Dana

10:30 - 11:00

P.I.I.T
 Sara