

Lundi , 22.05

08:30 - 09:25

Pump
Michael

12:10 - 13:05

Yoga
Franziska

13:30 - 14:25

Rückenfit
Brigitta

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Diana Patricia

19:15 - 19:45

Upcon
Lena

Mardi , 23.05

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Tamara

Mercredi , 24.05

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Vicky

09:30 - 10:25

Pilates
Vicky

18:00 - 18:55

Pilates
Martina

Jeudi , 25.05

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Renata

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Vendredi , 26.05

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Michael

Samedi , 27.05

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
Lena

10:15 - 11:45

Pilates
Marlene

Dimanche , 28.05

10:00 - 10:55

Upcon
Lena