

Lundi , 20.03

08:30 - 09:25

Pump
Vicky

12:10 - 13:05

Pilates
Sibilla

13:30 - 14:25

Rückenfit
Sibilla

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Diana Patricia

19:15 - 19:45

Upcon
Lena

20:00 - 20:55

Yoga
Anyia

Mardi , 21.03

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Mariella

Mercredi , 22.03

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Vicky

09:30 - 10:25

Yoga
Jennifer

18:00 - 18:55

Pilates
Martina

Jeudi , 23.03

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Renata

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Vendredi , 24.03

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Michael

Samedi , 25.03

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
Sandra

10:15 - 11:45

Yoga
Sibilla

Dimanche , 26.03

09:15 - 10:10

Pilates
Marlene

10:30 - 11:00

P.I.I.T
Lena

11:15 - 12:10

Zumba
Sabrina