

### Lundi , 13.02

**08:30 - 09:25**

*Pump*  
Vicky

**12:10 - 13:05**

*Yoga*  
Sibilla

**13:30 - 14:25**

*Rückenfit*  
Sibilla

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Diana Patricia

**19:15 - 19:45**

*Upcon*  
Lena

**20:00 - 20:55**

*Yoga*  
Anyia

### Mardi , 14.02

**09:00 - 09:55**

*Pilates*  
Brigitta

**17:50 - 18:45**

*Rückenfit*  
Martina

**19:00 - 19:55**

*Zumba*  
Sabrina

**20:10 - 21:05**

*Pump*  
Tamara

### Mercredi , 15.02

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Vicky

**09:30 - 10:25**

*Pilates*  
Vicky

**18:00 - 18:55**

*Pilates*  
Martina

### Jeudi , 16.02

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Renata

**10:00 - 10:55**

*Pilates*  
Marlene

**18:00 - 18:30**

*BBP (Bauch, Beine, Po) / Bodytone*  
Mariella

**18:45 - 19:15**

*P.I.I.T*  
Mariella

### Vendredi , 17.02

**10:00 - 10:55**

*Rückenfit*  
Martina

**17:30 - 18:25**

*Pump*  
Michael

### Samedi , 18.02

**09:30 - 10:00**

*BBP (Bauch, Beine, Po) / Bodytone*  
Mariella

**10:15 - 11:45**

*Yoga*  
Sibilla

### Dimanche , 19.02

**09:15 - 10:10**

*Yoga*  
Jennifer

**10:30 - 11:00**

*P.I.I.T*  
Sara

**11:15 - 12:10**

*Zumba*  
Uriel