

Lundi , 30.12

09:10 - 10:05

Pump
Lydia

10:10 - 10:40

P.I.I.T
Lydia

18:00 - 18:30

P.I.I.T
Lydia

18:40 - 19:35

Pump
Lydia

Mardi , 31.12

09:10 - 10:05

Yoga Special
Nadine

Mercredi , 01.01

Jeudi , 02.01

09:10 - 10:05

Functional Workout
Corina

18:45 - 19:40

Pump
Janine

Vendredi , 03.01

10:15 - 11:10

Pilates
Yvette

Samedi , 04.01

Dimanche , 05.01

09:10 - 10:05

Yoga
Nadine