

Lundi , 03.07

09:10 - 10:05

Pump
Lydia

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sophie

19:45 - 20:40

Functional Workout
Sara

Mardi , 04.07

18:00 - 18:55

Power Yoga
Manuela

Mercredi , 05.07

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Lydia

19:00 - 19:55

Pump
Janine

Jeudi , 06.07

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sophie

19:35 - 20:30

Pilates
Manuela

Vendredi , 07.07

10:15 - 11:10

Pilates
Yvette

Samedi , 08.07

Dimanche , 09.07

09:10 - 10:05

Pump
Janine