

Lundi , 01.05

09:10 - 10:05

Pump
Lydia

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sophie

19:45 - 20:40

Functional Workout
Sara

Mardi , 02.05

18:00 - 18:55

Power Yoga
Manuela

19:05 - 20:00

Upcon
Sophie

Mercredi , 03.05

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Barbara

18:20 - 18:50

Simply Core
Raphael

19:00 - 19:55

Pump
Janine

Jeudi , 04.05

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Monika

19:35 - 20:30

Pilates
Monika

Vendredi , 05.05

10:15 - 11:10

Pilates
Yvette

Samedi , 06.05

Dimanche , 07.05

09:10 - 10:05

Pump
Sophie