

Lundi , 14.11

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sara

19:45 - 20:40

BBP (Bauch, Beine, Po) /
Bodytone
Sara

Mardi , 15.11

18:00 - 18:55

Power Yoga
Manuela

19:05 - 20:00

Upcon
Sophie

Mercredi , 16.11

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Barbara

18:20 - 18:50

Simply Core
Janine

19:00 - 19:55

Pump
Janine

Jeudi , 17.11

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

BBP (Bauch, Beine, Po) /
Bodytone
Sara

19:35 - 20:30

Pilates
Sara

Vendredi , 18.11

10:15 - 11:10

Pilates
Yvette

Samedi , 19.11

Dimanche , 20.11

09:10 - 10:05

Pump
Barbara