

**Lundi , 05.09**

**18:00 - 18:55**

*Pump*  
Sophie

**19:05 - 19:35**

*P.I.I.T*  
Sophie

**19:45 - 20:40**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Monika

**Mardi , 06.09**

**18:00 - 18:55**

*Power Yoga*  
Manuela

**19:05 - 20:00**

*Upcon*  
Sophie

**Mercredi , 07.09**

**09:10 - 10:05**

*Pump*  
Barbara

**10:15 - 10:45**

*Simply Core*  
Barbara

**19:00 - 19:55**

*Pump*  
Janine

**Jeudi , 08.09**

**09:10 - 10:05**

*Functional Workout*  
Barbara

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Monika

**19:35 - 20:30**

*Pilates*  
Monika

**Vendredi , 09.09**

**10:15 - 11:10**

*Pilates*  
Yvette

**Samedi , 10.09**

**Dimanche , 11.09**

**09:10 - 10:05**

*Pump*  
Barbara