

Lundi , 07.08

08:40 - 09:10

P.I.I.T
Manuela

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Daniela

18:00 - 18:55

Power Yoga
Giobana

19:00 - 19:55

Fitboxe
Daniela

Mardi , 08.08

19:45 - 20:40

Pilates
Whitley

Mercredi , 09.08

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Dominic

Jeudi , 10.08

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Barbara

Vendredi , 11.08

09:15 - 10:10

Yoga
Giobana

Samedi , 12.08

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Barbara

Dimanche , 13.08