

Lundi , 24.07

08:40 - 09:10

P.I.I.T
Larissa

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Larissa

18:00 - 18:55

Power Yoga
Julia

19:00 - 19:55

Fitboxe
Daniela

Mardi , 25.07

19:45 - 20:40

Pilates
Giobana

Mercredi , 26.07

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 27.07

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Larissa

Vendredi , 28.07

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 29.07

Dimanche , 30.07