

Lundi , 20.03

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

10:05 - 10:35

P.I.I.T
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:00 - 19:55

Fitboxe
Daniela

Mardi , 21.03

18:30 - 19:25

BBP (Bauch, Beine, Po) / Bodytone
Annina

19:45 - 20:40

Pilates
Giobana

Mercredi , 22.03

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 23.03

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

Vendredi , 24.03

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 25.03

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Annina

Dimanche , 26.03