

Lundi , 06.03

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

10:05 - 10:35

P.I.I.T
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 07.03

18:30 - 19:25

BBP (Bauch, Beine, Po) / Bodytone
Larissa

19:45 - 20:40

Pilates
Giobana

Mercredi , 08.03

18:00 - 18:55

Zumba
Ivana

Jeudi , 09.03

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

Vendredi , 10.03

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 11.03

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

Dimanche , 12.03