

Lundi , 06.02

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

10:05 - 10:35

P.I.I.T
Fabienne

19:05 - 20:00

Fitboxe
Daniela

20:15 - 21:10

Power Yoga
Giobana

Mardi , 07.02

18:30 - 19:25

BBP (Bauch, Beine, Po) / Bodytone
Barbara

19:45 - 20:40

Pilates
Giobana

Mercredi , 08.02

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 09.02

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

Vendredi , 10.02

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 11.02

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Barbara

Dimanche , 12.02