

Lundi , 30.01

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Daniela

10:05 - 10:35

P.I.I.T
Daniela

19:00 - 19:55

Fitboxe
Daniela

20:15 - 21:10

Power Yoga
Giobana

Mardi , 31.01

18:30 - 19:25

BBP (Bauch, Beine, Po) / Bodytone
Larissa

19:45 - 20:40

Pilates
Whitley

Mercredi , 01.02

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 02.02

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Barbara

Vendredi , 03.02

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 04.02

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Whitley

Dimanche , 05.02