

Lundi , 06.10

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Mardi , 07.10

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mercredi , 08.10

09:10 - 10:05

Yoga
Nicole

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Jeudi , 09.10

18:30 - 19:25

Muscle Work
Noy

19:30 - 20:25

BodyART International
Noy

Vendredi , 10.10

Samedi , 11.10

Dimanche , 12.10

09:30 - 10:25

Power Yoga
Camille